



Knowing the signs of Diabetes, saves lives!

Super Thirsty

Lots of Bathroom Breaks (even bed wetting)

Super Hungry

Dramatic Weight Loss

Tired and Lethargic

Flu-like Symptoms (nausea & vomiting)

Blurry Vision

Irritable

Fruity Breath (did you drink a juice box?)

At Kat's Kause, our mission is to get signs and symptoms of **Diabetes** in front of the public. **Type 1** and **Type 2** have the same onset symptoms and can be life threatening, if not diagnosed in time. It is often misdiagnosed as the **flu** or **virus**, **strep throat**, even a **growth spurt!** If you suspect diabetes, ask your healthcare professional for a finger stick test. It takes 5 seconds. Many local pharmacies can help. For more information visit www.katskause.org